

Place	Bib	Name	GunTime
5km			
Female			
1.	251	Mashaba, Sibonisiwe	22:59
2.	209	Baloyi, Getrude	24:41
3.	65	NDLOVU, TUMELO	25:46
4.	166	Mthebula, Sanele	26:25
5.	771	, Constance Mlimi	28:21
6.	212	Sibuya, Linneth	28:40
7.	376	Mkhonto, Khensani	28:40
8.	290	khoza, levy	29:53
9.	289	Mathebula, Tumelo	31:16
10.	109	Mashele, Dimpho	31:42
11.	285	Gazide, Hluvuko	33:16
12.	305	Maluleke, Ivory	34:56
13.	274	setlale, Lindokunhle	35:20
14.	400	Mkhabela, Bongile	35:24
15.	436	Mbondzisa, Salome	35:24
16.	254	Mathebula, Rhulani	35:32
17.	440	Mkhabele, Confidence	35:33
18.	445	Nkambule, Happiness	36:25
19.	306	Mhlongo, Nomuhle	36:57
20.	197	Ndubana, Mphumie	37:00
21.	229	sibuyi, Acarcia	37:16
22.	272	mkansi, mdumiseni	37:39
23.	444	Ngwenyama, Cassandra	37:45
24.	405	Sibuyi, Moral	38:13
25.	208	Mdluli, Wistah	38:58
26.	354	Mhlongo, Trudy	39:05
27.	394	Sibuyi, Florence Vunene	39:27
28.	391	Mhlongo, Sharlotte	39:28
29.	97	Webster, Victoria	39:33
30.	412	Nyalungu, Ruth	39:39
31.	179	Lubisi, Khensani	39:44
32.	351	Sambo, Precious	39:59
33.	459	MacLarty, Jess	40:55
34.	178	Khosa, Nqobile	41:01
35.	168	Mkhabela, Lisedi	41:02
36.	408	Monareng, Loisa	41:15
37.	44	MADALANA, KURHULA	41:20
38.	383	Kumalo, Winny	41:26
39.	355	Mhlongo, Respond	41:28
40.	353	Mathebula, Pride	41:28
41.	191	Mdluli, Cressioace	41:34
42.	30	NKUNA, PRISCILLA	41:39
43.	350	Khoza, Sindi	41:54
44.	352	Ndlovu, Tholy	42:09
45.	129	Makwakwa, Thulisile	42:14

The Extra Mile 2023

Gender Results

Place	Bib	Name	GunTime
46.	311	Sibuyi, Lucia	42:18
47.	270	Ndlovu, Maria	42:22
48.	330	Myambo, Nomthandazo	42:24
49.	284	sibiya, Nkateko	42:28
50.	69	NXUMALO, SITHIN	42:37
51.	279	Chibarre, Jabulile	42:39
52.	19	Spano, Mirella	42:39
53.	108	Mashele, Amanda	42:41
54.	287	shabangu, Thandiwe	42:43
55.	105	Mathebula, Joy	42:52
56.	340	Ntimane, Agreement	43:26
57.	344	Siguake, Andile	43:26
58.	403	Ndlovu, Soina	43:29
59.	378	Shivurhi, Angel	43:33
60.	396	Ndlovu, Pestina	43:47
61.	424	Ndlovu, Lindiwe	43:48
62.	390	Ngonyama, Marry	43:50
63.	425	Thobela, Glorence	44:09
64.	437	Khoza, Tsatsi	44:28
65.	387	Ngwenya, Patricia	44:34
66.	392	Mdaka, Athalia	44:40
67.	116	Langer, Simone	44:40
68.	73	CHIBURE, LUNGILE	44:43
69.	335	Khoza, Xiluva	44:45
70.	249	Mhlanga, Winnie Elsie	44:48
71.	49	MKASI, PHUMLO	44:48
72.	36	NGWENYAMA, JANE	44:50
73.	374	Mhlongo, Jane	44:50
74.	307	Khoza, Leasure	44:55
75.	3	Kloppers, Dirkie	44:56
76.	460	Rivett, Helen	44:56
77.	331	Mathebula, Eliziri	45:08
78.	384	Nkuna, Shendy	45:09
79.	131	Ndzhambukeri, Juliet	45:15
80.	192	Hlatshwayo, Appearance	45:26
81.	171	Khoza, Lovegirl	45:33
82.	162	Zitha, Sizana	45:34
83.	262	Sibanda, Anna	45:52
84.	238	sibuyi, Anastacia	45:52
85.	395	Mathebula, Tinyiko	46:06
86.	123	Khoza, Sindisiwe	46:07
87.	365	Sihlangu, Arhashia	46:15
88.	342	Chiburre, Jane	46:17
89.	463	Richie, Amanda	46:21
90.	796	Maklulu, Grace	47:07
91.	130	Schoekman, Juliet	47:07
92.	186	Mkhabela, Samantha	47:16
93.	156	Masinga, Hluphile	47:17

The Extra Mile 2023

Gender Results

Place	Bib	Name	GunTime
94.	213	, Sasa	47:28
95.	263	, Nqobile	47:28
96.	368	Mathebula, Laticia	47:32
97.	366	Sibuyi, Mamsy	47:32
98.	207	Sibuyi, Prisent	47:39
99.	381	Simelane, Hellen	47:44
100.	187	Sibui, Andiswa	48:05
101.	798	Manisse, Sithembile	48:10
102.	315	Simelane, Zandile	48:25
103.	133	Sibuyi, Joyce	48:26
104.	176	Sibuyi, Lucy	48:27
105.	125	Hlantshwayo, Sbongile	48:34
106.	136	Nkuna, Confidence	48:34
107.	457	, De Rijk Uys Kids 1	48:45
108.	15	Ferreira, Faith	49:07
109.	193	Sithole, Prencle	49:10
110.	180	Mtobeni, Agreement	49:13
111.	149	Tibane, Lydia	49:14
112.	189	Khoza, Sylvia Slindile	49:15
113.	164	Mashaba, Sharloth	49:15
114.	190	Lubisi, Mavis	49:18
115.	258	Sibuyi, Yvonne Rose	49:44
116.	53	MLAMBO, KULANI	49:47
117.	58	MASHELE, FAGRA	49:48
118.	280	mathebula, Thando	49:49
119.	172	Mbambo, Kicia	49:49
120.	401	Khosa, Zinhle	49:57
121.	369	Dlamini, Emelinah	50:11
122.	266	chima, Thembeke	50:18
123.	348	Mosotho, Lindiwe	50:28
124.	144	Mhlaba, Pimes	50:30
125.	202	Zitha, Linky	50:39
126.	324	Boreni, Judicia	50:59
127.	326	Ndimande, Thando	50:59
128.	319	Mkhabele, Confidence	50:59
129.	40	GWAMBE, LYDIA	51:04
130.	62	MATHEBULA, NOMTHANAZO	51:04
131.	67	MKHONTO, ANTONETTE	51:05
132.	450	Nyathi, Delicia	51:07
133.	449	Mhangana, Nsuku	51:07
134.	35	SIBIYA, TRACEY	51:11
135.	261	Mthabane, Mpumelelo	51:17
136.	2	Hanekom, Lindsay	51:18
137.	165	Khoza, Thully	51:18
138.	201	Moyane, Amaze	51:19
139.	282	Manziini, Emelda	51:19
140.	182	Hlatshwayo, Pearl	51:20
141.	314	Sibuyi, Lorraine	51:21

Gender Results

Place	Bib	Name	GunTime
142.	111	Gumede, Christabel	51:26
143.	455	Mashele, Precious	51:26
144.	235	Lubisi, veronica	51:37
145.	79	MTHENJANE, THULISILE	51:39
146.	398	Mathebula, Affection	51:46
147.	29	MASILELA, ROSE	51:48
148.	91	SHAKWANE, NTABISENG	51:49
149.	357	Mhlongo, Eleseni	51:53
150.	327	Cossa, Qinisile	52:26
151.	328	Chongo, Triumphant	52:29
152.	158	Mathebula, Nhlalala Culture	52:39
153.	241	chiloane, Lebone	52:43
154.	379	Qhibi, Khensani	52:50
155.	33	MASHELE, THEMBISILE	53:00
156.	243	pitoku, Bongiwe	53:01
157.	86	MKHARI, IRIS	53:01
158.	170	Sibuyi, Xola	53:02
159.	291	, Rifumo	53:03
160.	320	Sibuyi, Getrude	53:03
161.	124	Ndlala, Faith	53:09
162.	265	Mashele, sebenzile	53:18
163.	148	Sarila, Nokuthula	53:19
164.	146	Hlatshwayo, Carol	53:20
165.	174	Mahumane, Agreement	53:20
166.	397	Ngwenya, Ivy	53:22
167.	299	Mthombeni, Joy	53:27
168.	221	Mkansi, Windy	53:29
169.	11	Steyn, Sue	53:35
170.	27	MAKHUBELA, REBECCA	53:57
171.	81	MASHABANE, PEARL	53:58
172.	316	Matsana, Makhosazane	53:59
173.	317	Shabangu, Nozwelo	54:00
174.	82	SHAYI, NELTAH	54:00
175.	84	MALUMANE, REFELWE	54:00
176.	239	Lubisi, Nonhlanhla	54:11
177.	64	MAPHANGA, THEMBISILE	54:11
178.	87	MAKAMU-MASIYA, LWAZI	54:12
179.	372	Mkhabela, Nokuthula	54:17
180.	5	Oosthuizen, Louwdine	54:22
181.	94	Henning, Sam	54:33
182.	206	Cossa, Phindile	54:43
183.	183	Khoza, Gladys	54:54
184.	106	Ngobeni, Preceous	55:13
185.	260	, Thabile	55:15
186.	173	Sibuyi, Sibusiso Blessing	55:16
187.	93	Smith, Tammy	55:26
188.	34	KHUMALO, JABULILE	55:40
189.	177	Khoza, Lungile	55:42

Gender Results

Place	Bib	Name	GunTime
190.	797	Mkansi, Favorite	55:53
191.	225	Lubisi, Ndzalo	55:55
192.	102	Mhlongo, Sibongile	56:16
193.	104	Seabi, Mahlatse	56:17
194.	71	NQUMA, THEMBI	56:39
195.	57	SHABANGU, LUNGILE	56:39
196.	362	Makhubela, Promise	56:39
197.	334	Mhlongo, Charlotte	56:41
198.	349	Dinda, Remember	56:42
199.	325	Msimango, Tiyiselani	56:42
200.	226	Tshembo, Tshembo	56:43
201.	399	Ubisi, Tinyiko	56:44
202.	145	Zitha, Molly	56:47
203.	100	Chauke, Ndzhaka	56:48
204.	227	mnisi, Farel	56:48
205.	332	Ndlhovu, Jeneath	56:49
206.	152	Khoza, Chariot	56:52
207.	339	Mdaka, Nhlamulo	56:52
208.	363	Mbombi, Sindile	56:56
209.	138	Mkansi, Nyiko	57:01
210.	184	Sithole, Previous Tlangelani	57:02
211.	142	Mdaka, Linnah	57:03
212.	122	Sthole, Nestah	57:03
213.	121	Mthabini, Allucia	57:05
214.	269	khosa, Renny	57:07
215.	402	Makhubela, Precious	57:08
216.	242	mkansi, xichavo	57:10
217.	380	Khosa, Siphawe	57:10
218.	224	Zitha, iwish	57:11
219.	345	Mkphoto, Selton	57:15
220.	143	Hlatshwayo, Sister	57:16
221.	286	sibuyi, Thulisile	57:24
222.	139	Mokoena, Limpo	57:25
223.	296	Mthombeni, Lauren	57:26
224.	244	shabangu, Bonggi	57:26
225.	341	Lamula, Ricardo	57:32
226.	78	MKHABELA, CLEMENCIA	57:32
227.	211	Khumalo, Shirley	57:32
228.	75	HLONGO, NKHENSANI	57:48
229.	259	Khoza, Advocate	57:52
230.	370	Sibuyi, Grace	58:02
231.	214	Nthani, Magron	58:22
232.	200	Mashele, Prigar	58:23
233.	157	Mashele, Bicirants	58:24
234.	31	NDHLOVU, PETRONANCE	58:24
235.	297	Mpangane, Bio	58:36
236.	273	mdluli, Elsie	58:39
237.	236	mthombeni, Esther	58:39

Gender Results

Place	Bib	Name	GunTime
238.	70	MKHABELA, VINELIA	58:45
239.	127	Mhlongo, Hebron	1:00:02
240.	80	GUMEDE, AMANDA	1:00:21
241.	271	masinga, Mandisa	1:00:58
242.	313	Khoza, Nombulelo	1:00:59
243.	288	, Nosipho	1:01:26
244.	47	MTHOMBENI, CONCEDE	1:01:33
245.	39	MNISI, XIHLAMARISO	1:01:33
246.	72	MASINGA, HAPPINESS	1:01:35
247.	55	NTIMANE, CONFIDENCE	1:02:03
248.	308	Hlatswayo, Veronica	1:02:03
249.	77	MATHOBELA, ANNAH	1:02:06
250.	298	khosa, Nicola	1:02:08
251.	216	Khoza, Sebenzile	1:02:09
252.	194	Khoza, Joyce	1:02:10
253.	54	MKASI, KULANI	1:02:11
254.	312	Mathebula, Sibongile	1:02:30
255.	359	Mbhanyisi, Phila	1:02:30
256.	83	NGOMANE, SHIRLEY	1:03:44
257.	85	NGOBENI, KHENSANI	1:03:44
258.	329	Khumalo, Rakie Hlavutelo	1:03:54
259.	28	MANZINI, LUTRICIA	1:03:55
260.	375	Nyoni, Lucy	1:03:57
261.	140	Hlatshwayo, Mamsy	1:03:58
262.	247	Mona, Lucy Agnes	1:04:35
263.	309	Sibuyi, Clementine	1:04:36
264.	167	Mdhluli, Lillian	1:04:39
265.	295	Mthombeni, Trocia	1:04:40
266.	232	Lubisi, Marry	1:04:47
267.	310	Khosa, Orlando King	1:04:58
268.	185	Mkhonto, Fridah	1:05:43
269.	153	Ndubane, Happiness	1:05:43
270.	451	Khoza, Nomsa	1:06:45
271.	175	Mdunqele, Thoko	1:09:06
272.	458	Thobela, Nandi	1:09:54
273.	4	Garland, Kristi	1:09:56
274.	724	Shabangu, Lindiwe	1:10:44
275.	466	Ndlovu, Nomsa	1:13:32
276.	56	MOKOENA, XOLISILE	1:15:25
277.	150	Ndlovu, Anitha	1:15:32
278.	128	Mashele, Valley	1:18:19
279.	452	Khoza, Leocardia	1:19:21
280.	12	Steyn, Caroline	1:23:43

Male

1.	791	Masego, Sibongikosi	19:04
2.	431	Sibiya, Jecky	20:44
3.	161	Msimango, Salvation	21:05
4.	196	Masinga, Orshert	22:10

Gender Results

Place	Bib	Name	GunTime
5.	188	Sibuyi, Maichee	22:22
6.	404	Sokiri, Themba	23:20
7.	50	GWEBU, PIUS	24:02
8.	181	Khosa, Steyn	24:24
9.	155	Sithole, Benneth	25:06
10.	360	Mdaka, Rich	25:16
11.	169	Sibuyi, Vuyo Surprise	25:40
12.	461	MacLarty, Duncan	25:47
13.	205	Khoza, Erens	26:08
14.	90	ZITHA, GIVEN	26:11
15.	438	Mongwana, Welcome	26:25
16.	217	Mdluli, Admire	26:25
17.	163	Mhlongo, Brilliant	26:25
18.	151	Khota, Justini	26:25
19.	134	Mbhungele, Ronaldina	27:23
20.	416	Ndlovu, Glen	27:38
21.	195	Nkosi, Vicious	27:51
22.	98	Sithole, Cry	28:13
23.	228	shabangu, Tyrone	28:36
24.	427	Mkhonto, Kaizer	28:48
25.	429	Sambo, Samuel	29:23
26.	103	Baloyi, Ntwanano	29:25
27.	26	NGOBENI, KAIRO	29:44
28.	246	Mdluli, Dzunani	29:55
29.	276	sibuyi, provision	29:56
30.	393	Mahlawule, Thabiso	30:17
31.	338	Mathebula, Vuyo	31:06
32.	407	Ndlovu, Norman	31:09
33.	795	Themba, Bright	31:23
34.	454	Hlatswayo, Junior	31:25
35.	347	Ndlovu, Consider	31:42
36.	293	Mashele, Last	31:58
37.	464	Makansi, Sidwel	32:06
38.	318	Sifundza, _Perfect	32:45
39.	24	GUMEDE, ZUZUMUZI	32:49
40.	462	Goodman, Chris	33:05
41.	277	mashaba, ultra	33:15
42.	346	Mathebula, Thabiso	33:16
43.	800	Cruse, Sloan	33:27
44.	292	mokoena, Ebony	34:37
45.	220	Mashaba, Difference	34:44
46.	147	Thimba, Cearance	35:20
47.	41	MATHONSI, FLOYD	35:21
48.	373	Malhenze, Brandon	35:28
49.	794	Mkansi, Climent	36:03
50.	132	Msimango, Frank	36:20
51.	245	Khosa, Marvel	37:41
52.	99	Mashaba, Lans Lord	37:44

Gender Results

Place	Bib	Name	GunTime
53.	76	MANZINI, T-MAN	38:01
54.	453	Sibiya, Shelton	38:23
55.	37	MASHABA, ROMAN	38:26
56.	199	Hlatswayo, Colbert	38:58
57.	88	SITHOLE, Innocent	39:05
58.	114	Ngwenyama, Morris	39:23
59.	204	Lubisi, Teenage	39:35
60.	1	De Kock, Nico	42:38
61.	126	Mzimba, Best	42:52
62.	406	Mhlongo, Fanky	43:28
63.	257	Sithole, Perhers	43:43
64.	419	Ndlovu, Jappies	43:46
65.	382	Mdaka, Raymond	44:07
66.	465	Ndlovu, Isac	44:11
67.	68	MKHONDWANA, OUPA	44:23
68.	323	Mulhanga, Abel	44:44
69.	38	NDLOVU, KULANI	45:31
70.	218	Malatsi, Moss	45:34
71.	119	Mtsweni, Bongani	46:07
72.	101	Zitha, Respect	46:16
73.	233	khoza, unathi	48:05
74.	16	Ferreira, Faith	49:13
75.	89	MATHUMBU, FUMANI	49:15
76.	14	Ferreira, Ignatius	49:29
77.	20	Spano, Julian	50:12
78.	275	setlale, Dimpho	50:40
79.	120	Mthabela, Jerry	51:45
80.	23	MPANGANE, PROMISE	53:01
81.	6	Oosthuizen, Joshua	54:18
82.	7	Oosthuizen, Christopher	54:22
83.	25	MACHAVANA, ABNA	54:26
84.	63	MBHUNGELA, DOYLANCE	54:48
85.	61	MDAKA, TRUST	54:55
86.	95	Jennings, Neil	55:28
87.	283	mashaba, pleasure	55:56
88.	115	Makwakwa, Frank	56:27
89.	74	NAKE, DION	56:37
90.	231	sithole, james	57:50
91.	433	Maluleke, Shadrack	57:52
92.	223	Mambana, khulile	1:02:07
93.	46	MOGANE, ENDIE	1:03:59
94.	322	Mokoena, Barney	1:15:25
95.	456	, De Rijk Uys Kids 1	1:21:42

10km

Female

1.	767	, Virginia Mashaba	55:58
2.	801	van Zyl, Mare	56:59

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Gender Results

Place	Bib	Name	GunTime
3.	607	Souchon, Cath	57:28
4.	608	Beck, Amber	57:47
5.	604	MAFUYEKA, TARSHINE	57:50
6.	712	Mbowanà, Rifilwe	1:00:28
7.	750	Mkhonto, Celia	1:01:05
8.	725	Sibuyi, Geremiya	1:01:23
9.	581	De Villiers, Anita	1:01:31
10.	626	Routledge, Jordan	1:04:05
11.	720	Mokoena, Desire	1:04:12
12.	552	Mokgatlha, Masego	1:06:27
13.	802	Cruise, Tanya	1:06:42
14.	554	Olivier, Julie	1:07:51
15.	616	Moreroa, Chrtistina	1:08:42
16.	785	More, Robert	1:08:47
17.	812	Immelman, Bella	1:09:36
18.	563	Codd, Loraine	1:09:42
19.	620	Potgieter, Lee-Ann	1:10:41
20.	622	McAwen, Karen	1:11:21
21.	873	Durr, Col	1:12:27
22.	623	Whyte, Tash	1:12:27
23.	693	chima, Nokulunga	1:13:35
24.	648	Khoza, Joyce	1:13:38
25.	768	, Precious Mashaba	1:15:17
26.	729	Lubisi, Thulisile	1:15:50
27.	696	mathebula, Thulisile	1:17:24
28.	690	sbambo, conny	1:17:30
29.	806	Makhubela, Nyiko	1:18:27
30.	716	Mathebula, Nonhlanhla	1:19:20
31.	567	Barnard, Susanna Johanna	1:20:53
32.	650	Khoza, Nomvula	1:21:57
33.	715	Mathebula, Shelly	1:24:08
34.	694	mathebula, Lucy	1:24:09
35.	686	Khoza, Ntombifuthi	1:24:09
36.	689	mabunda, Eunice	1:24:11
37.	575	Welvering, Michelle	1:24:56
38.	702	Ubisi, Lisbeth	1:25:19
39.	733	Mudaka, Christin	1:25:59
40.	576	Ryan, Justine	1:26:02
41.	675	Mnisi, katlego	1:26:03
42.	667	mhlongo, Athalia	1:27:07
43.	625	Nkuna, Linky	1:28:16
44.	598	PUNGULIMWE, MARCIA	1:28:24
45.	605	MKHONTO, GUGULETHU	1:29:07
46.	593	MACHATE, PATLEGO	1:30:12
47.	592	NGOBENI, KATEKANI	1:30:17
48.	601	MERAHE, RESPECT	1:31:49
49.	566	St Claire, Savannah	1:33:21
50.	692	lubiso, charity	1:33:33

Gender Results

Place	Bib	Name	GunTime
51.	687	Khoza, Ntwanano	1:33:40
52.	718	Mathebula, Genes	1:34:23
53.	624	Ntimane, Thandi	1:34:28
54.	555	Spano, Alessia	1:34:44
55.	141	Zitha, Dominic	1:34:56
56.	779	, Sarah Ndlovu	1:37:06
57.	590	MOSHESH, TSHEPISO	1:37:16
58.	589	BUTHULEZI, ZODWA	1:37:19
59.	571	Hurst, Tanya	1:38:34
60.	728	Mkhabela, Thobile	1:38:41
61.	734	Motshwene, Zanele	1:38:43
62.	784	More, Madison	1:38:55
63.	671	Ngobeni, Nelsiwe	1:39:47
64.	700	khoza, katekani	1:39:56
65.	669	khoza, senda	1:39:58
66.	600	MASHELE, Innocent	1:41:24
67.	659	, Nsovo	1:41:28
68.	742	Vuma, Glenda	1:42:57
69.	764	, Maria Mhlongo	1:43:14
70.	666	Lubisi, kelly	1:43:17
71.	663	khoza, caslidah	1:47:30
72.	736	Vuma, Sindy Rhandzu	1:47:30
73.	665	Mnisi, Felicia	1:47:31
74.	603	MPANGANE, NILAND	1:47:31
75.	804	Mashego, Nthabiseng	1:48:50
76.	741	Nkuna, Ivah	1:51:43
77.	735	Mdluli, Nelsie	1:51:44
78.	698	khoza, Lucia	1:51:50
79.	701	Lubiso, Remember	1:53:38
80.	748	Ngobeni, Tsarisile	1:53:53
81.	606	MLAMBO, EMELDA	1:58:37
82.	674	Mkansi, permly	1:58:49
83.	670	makhubela, Akani	1:58:54
84.	732	Mbunzi, Ntombifuthi Mbunzi	2:00:28
85.	654	Sibuyi, Angel	2:00:56
86.	677	Khoza, Satis	2:00:57
87.	644	Mahanuke, Tania	2:00:59
88.	672	mhlanga, Tebogo	2:01:39
89.	645	Ndlovu, Amukelani	2:06:16
90.	676	sibuyi, philisiwe	2:06:39
91.	649	Mathonsi, Patricia	2:07:10
92.	574	Mngqibisa, Amanda	2:13:22

Male

1.	583	Mashaba, Abednico	35:41
2.	778	, Lovers Hlatshwayo	40:56
3.	769	, John Nyathi	42:26
4.	762	Sibuyi, Bongani	42:54
5.	561	Steyn, Tim	42:54

Gender Results

Place	Bib	Name	GunTime
6.	707	mthombeni, hlayisani	46:37
7.	682	Khoza, Shelton	48:03
8.	564	Cooke, Conrad	50:43
9.	739	Nkuna, Kuvonakala	50:47
10.	807	Ngwenyama, Musa	50:52
11.	704	chauke, Ndzalama	50:54
12.	793	Sithole, Nyiko	52:01
13.	788	Cooke, Rudi	52:11
14.	613	Chima, Vusi	52:32
15.	599	MADONSELA, OSCAR	53:08
16.	743	Khoza, Precient	53:21
17.	634	Simango, Sliva	54:03
18.	708	Mthombeni, katekani	54:08
19.	658	Khoza, Balfor	54:09
20.	617	Mankero, Nathi	54:37
21.	559	Steyn, Rory	54:58
22.	775	Thankful, Khosa	55:24
23.	565	Cronje, Marc	55:24
24.	919	Vusi Mnisi, Vusi Mnisi	55:33
25.	585	MHAULE, ADOLF	55:35
26.	586	MNISI, SIBUSISO	56:02
27.	738	Monareng, Remember	56:08
28.	758	Zitha, Tronic	56:44
29.	808	Bronkhorst, Nico	56:46
30.	872	Khoza, James	56:48
31.	619	Masenya, Karabo	57:11
32.	792	Mkansi, Difference	57:16
33.	596	MDHLULI, COMFORT	57:17
34.	756	Makwakwa, Dino	57:25
35.	633	Mthombothi, Zwelithin	57:42
36.	609	Sibuyi, Sersant	57:47
37.	773	, Adam Lekhuleni	58:41
38.	867	Hlatjwayo, Morgan	58:55
39.	777	, Tshepo Ngwenya	59:11
40.	721	Mazibuko, Mpendulo	59:19
41.	699	Mathebula, Thabiso	59:19
42.	602	NGWENDANA, NJABULO	59:49
43.	628	Nkuna, Langu	1:00:29
44.	611	Ferri, Mike	1:00:41
45.	713	Shabangu, Risima	1:01:05
46.	772	, Thihanedzwi Magadze	1:01:09
47.	770	, Given chiloane	1:01:11
48.	580	Danilowitz, Gerald	1:02:25
49.	614	Chauke, Ringo	1:02:36
50.	587	MDHLULI, ANORLD	1:03:29
51.	722	Mabaso, Mfundo	1:04:11
52.	703	mathebula, perfect	1:05:39
53.	591	MASHABA, BHEKI	1:05:55

Gender Results

Place	Bib	Name	GunTime
54.	803	Mashego, Arthur	1:06:33
55.	551	Hanekom, Gabriel	1:06:34
56.	553	Mathonsi, Mandla	1:06:53
57.	870	Sibuyi, Emanuel	1:06:53
58.	562	Codd, Andrew	1:07:24
59.	618	Malinga, Herry	1:08:44
60.	637	Khosa, Amaze	1:08:49
61.	811	Notta, Maverick	1:09:26
62.	814	Nottea, Rex	1:09:31
63.	813	Notta, Dave	1:09:35
64.	815	Smith, Ben	1:09:37
65.	629	Mgiba, Rodney	1:09:44
66.	630	Khoza, Peter	1:10:10
67.	631	Maziba, Shane	1:10:11
68.	621	Dunlop, Aiden	1:11:35
69.	719	Khoza, Mikhongelo	1:12:02
70.	774	, Alfred Mathebula	1:12:31
71.	588	MOENG, PARIS	1:13:43
72.	636	Ndlovu, Collen	1:13:53
73.	681	Khoza, Divine	1:14:01
74.	647	Mokoena, Shaldon	1:14:11
75.	651	Mnisi, Deron	1:14:11
76.	668	Mdluli, philani	1:14:40
77.	805	Lubisi, Ben	1:14:47
78.	723	Nemaulum, Oswald	1:15:44
79.	556	de Blocq, Andrew	1:15:53
80.	632	Mabaso, Arnold	1:17:04
81.	558	Mitchell, Brad	1:17:04
82.	730	Mothoana, Tholang	1:17:23
83.	579	Lange, Hope	1:18:57
84.	684	Ngomane, Aubrey	1:19:01
85.	578	Van Rooyen, Dean	1:20:06
86.	787	Ngcobo, Daluxolo	1:24:58
87.	573	Cilliers, Mitha	1:27:26
88.	656	Mafolo, Sthembiso	1:30:12
89.	786	More, Mackenzie	1:30:30
90.	560	Steyn, Harry	1:30:32
91.	577	Ryan, Terence	1:33:41
92.	766	, Dion Khoza	1:34:24
93.	615	Monareng, Karen	1:34:44
94.	683	Sambo, Difference	1:34:55
95.	639	Mthombeni, Ashford	1:38:08
96.	717	Ndhlovu, Crosby	1:38:24
97.	572	Hurst, Mark	1:38:33
98.	660	Mkansi, Socrety	1:41:30
99.	752	Shabangu, Risima	1:42:07
100.	810	Fundama, Rifuwo	1:42:09
101.	749	Kubayi, Bruce	1:42:59

Place	Bib	Name	GunTime
21km			
Female			
1.	868	Ndlovu, Busisiwe	01:48:43
2.	855	Baker, Tammy	02:00:40
3.	863	Mac Donnell, Ida	02:08:46
4.	869	Nyathi, Thelma	02:10:21
5.	857	de Rijk-Uys, Maija	02:11:35
6.	861	Broderick, Jessica	02:17:43
7.	875	Sibiya, Lindiwe	02:22:37
8.	910	Carol Manzini, Carol Manzini	02:23:27
9.	864	WAGNER, VERENA	02:29:40
10.	851	Griessel, Joyce	02:33:44
11.	874	Sikundla, Phaphama	02:53:29
12.	895	Mhlaba, Judy	02:53:54
13.	884	chauke, Rose	02:53:54
14.	876	Sibuyi, Lindiwe	03:01:34
15.	862	Le Roux, Elze	03:03:03
16.	879	Kubayi, Lughile	03:42:07
Male			
1.	921	M, Samuel	01:04:38
2.	920	Ndlovu, Prince	01:05:38
3.	916	Freedom,	01:17:20
4.	898	Ndlhovu, Thuthukani	01:21:17
5.	885	mavundla, siphwe	01:26:03
6.	871	Mucanse, Piksoni	01:30:02
7.	430	Mhlongo, Den Boy	01:31:49
8.	897	Mdluli, Melody	01:32:00
9.	883	mongwe, Ezain	01:40:20
10.	882	Machabe, Foster	01:41:04
11.	913	Amon Sibuyi, Amon Sibuyi	01:48:21
12.	900	Sithole, Lucky	01:58:06
13.	899	Ngwenya, Wisdom	01:58:07
14.	858	Uys, Christiaan	01:58:32
15.	914	Given Mkhabela, Given Mkhabela	01:58:59
16.	901	Tsabalala, Innocent	02:00:11
17.	917	Johan Madonsela, Johan Madonsela	02:00:19
18.	877	Siepane, Advocate	02:06:13
19.	859	Ngwenya, Pfukani Nelson	02:10:00
20.	896	Mafulo, Tebogo	02:13:02
21.	918	Mkansi, Sibusiso	02:20:11
22.	904	Sibuya, Helmet	02:23:17
23.	865	MACHAVI, MIKE	02:26:56
24.	889	maxinini, Admiral	02:53:42
25.	854	Mthembi, Percy	03:01:25
26.	853	Mabuza, Patrick	03:01:45

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